



2013-2014 Edition Corresponding Lesson Plans

October 2013

Dear Educator:

This year's teacher guide is full of **new ideas** and **supplemental materials**. The lesson plans in this PDF can be used in almost any classroom or curriculum area. The material is designed to be flexible to fit the needs and time criteria unique to your classroom, regardless of whether you teach one major subject, a cluster of subjects or supervise an after-school program.

The first thing you'll notice on the next page is a **table of contents**, which makes searching for lessons the simplest it's ever been. The new format is tailored to busy teachers who want the most important information at the top. Look for new features like **vocabulary exercises**, **sample rubrics** and a **suggested length**.

Each lesson is paired with higher order thinking **skills**, as well as everything you need to teach the lesson (**materials**, **suggested length**, **subjects**, **supplemental worksheets**, **graphic organizers** and **reading comprehension quizzes**). The nuts-and-bolts of the lesson are bulleted and easy to read.

The lessons work great for a condensed unit or even spread out over the year as ***On Track* Tuesday or Thursday!**

As the teacher, do what you do best — tailor the lessons to fit your students. You can overlap, delete, edit, improvise or follow the directions as they are written.

We hope we have provided enough material to give you a firm foundation and enough “wobble-room” to customize the lessons in a way that will reach your students.

Sincerely,
The staff at *On Track*

P.S. You may want to have students write their names on their individual copies of the magazines. Then, collect after each section. At the end of the unit, send the magazines home in a large envelope with the letter on page three for their parents to read, too.

Table of Contents

Sample letter to parents	3
I. The Future of Social Media	4-12
a. Social media don'ts	4
i. Rubric	4
b. Generation Z	5
c. Write a short story	5
d. Websites with a purpose	6
i. Group worksheet	7
e. Vocabulary worksheet	9
f. Tools for reading comprehension	10
g. Reading comprehension quiz & key	11
II. Health-Care Kaleidoscope of Possibilities	13-22
a. First aid for the homeless	13
b. Alternative medicine	14
i. Chart	15
c. Make a video	16
i. Rubric	16
d. Vocabulary worksheet & key	17
e. Reading comprehension quiz & key	19
III. A Proven Study Plan	23-30
a. Write a song	23
b. Interview a student	24
i. Chart	25
ii. Worksheet	26
c. Vocabulary worksheet & key	27
d. Reading comprehension quiz & key	29
IV. RGIII	31-34
a. Make a timeline	31
i. Rubric	31
b. Write an opinion paper	31
c. Vocabulary worksheet	32
d. Reading comprehension quiz & key	33
V. Jobs for the 21st Century	35-42
a. Job Fair	35
b. Project	36
c. Vocabulary worksheet & key	37
d. Reading comprehension quiz & key	39
VI. Back Cover	43-46
a. Vocabulary worksheet	43
b. Flow chart worksheet	44
c. Worksheet/Quiz & key	45

Letterhead of School

Date

Re: Career Discovery

Dear Parent,

Your student has completed a career discovery unit to help determine his or her career interests and pathway. **On Track** was part of the unit. Read through it – you will find it very helpful as you talk with your child about their future.

Career discovery is important in directing your child’s choice of courses in the years ahead. As he or she looks forward to high school, **now** is the time to continue the conversation at home about their future educational and career goals. Here are a few questions to discuss to get started:

1. What kind of personality did the Personality Style Quiz say you are? Do you agree with it?
2. What careers interested you? Do you know anyone in that profession? Would you like to talk to this person about his/her career to get “insider” thoughts on the career?
3. What courses should you take in high school to help prepare you for that career field?

We hope these questions will help stimulate your conversation with your child. Please email or call the following people to get more information about career pathways and opportunities in high school. We are here to help your student achieve their dreams of a successful future!

Guidance Counselor

Career Pathway/ CTE Contact

I. The Future of Social Media

Pages 2-3

COOPERATIVE GROUP ACTIVITY: Social Media *Don'ts*

- Divide the class into cooperative groups of three to four students each.
- Each group should pick one of the five *don'ts* mentioned in the article (such as “online bullying”) or brainstorm additional ones.
- Create a multimedia presentation (rubric below.)
 - Cover Page
 - Give examples of what this behavior would look like.
 - Explain/describe why this behavior is something that shouldn't be done.
 - Give alternatives to this behavior or ways to avoid this behavior.

RUBRIC	POINTS EARNED	POINTS POSSIBLE
Cover Page		5
Examples (minimum of THREE for full credit)		15
Explanation		15
Alternatives (minimum of TWO for full credit)		10
Creativity & Presentation		5
TOTAL POINTS		50

Subjects: Technology, Language Arts, Character Education

Skills: Solving problems, Elaboration, Comparing/Contrasting

Suggested length of lesson: Two class periods, plus time for presentations.

Materials: Access to media like computer lab, camera and/or magazines. Craft supplies.

INDIVIDUAL RESEARCH ACTIVITY: Generation Z Quiz

- Have students research characteristics of Generation Z. For example, the article mentioned comfort with technology.
- Compile the information on a thumb drive or in a notebook.
- Use the research to write a multiple-choice quiz to identify your generation.
- Swap quizzes with another student (or another class) and take the quiz.
- Discuss Generation Z as a class.
 - What characteristics did you find?
 - What surprised you? What was a given?
 - What do you think is unique about your generation?
 - What do you think your generation will be able to do that other generations haven't done?

Subjects: Technology, Language Arts

Skills: Research, Predicting, Analysis

Suggested length of lesson: One class period.

INDIVIDUAL ACTIVITY: Write a short story

- Read the sidebar on the right side of page 3, "Classroom. Competition. Character."
- Start with the idea in the sidebar and write a story about a student who gets off track with his/her academic goals. Maybe the student gives into peer pressure or has some obstacles at home.

Subjects: Language Arts, Study Skills

Skills: Reasoning, Cause & effect, Drawing conclusions

Suggested length of lesson: One class period.

COOPERATIVE GROUP ACTIVITY: Websites with purpose

- Show some examples of websites that communicate their message effectively. Analyze a few sites. Discuss what makes them effective.
 - Clear message.
 - Clean design that supports the message.
 - Easy to navigate.
 - Questions are easily answered or you can find a place to ask your questions easily.
- Discuss different purposes
 - Sales (Corporate)
 - Raising awareness (Nonprofit)
 - Connection/Networking
- Using the worksheet provided on the next page, students should analyze a website with their group and make recommendations for how to improve it.
*You may want to provide a list of appropriate sites related to your curriculum.

Going Beyond: After completing the cooperative group assignment, consider starting a blog for keeping up with homework as a class. Each group can take turns maintaining it for a week with the same groups as above, or alternating roles.

Subjects: Business/Marketing, Technology, Language Arts

Skills: Prediction, Analysis, Strategy, Summarizing

Suggested length of lesson: One class period.

Names: _____

Websites with Purpose

Cooperative Group Worksheet (one per group)

Each group member should have a role. Divide your group into the following roles.

1. **Message Manager** — As a group, help the Message Manager identify the message. Then, the Message Manager focuses on looking at different pages of the website to analyze if it stays true to its message.
2. **Design Dictator** — As a group, help the Design Dictator describe the design of the site. Then, the Design Dictator analyzes different pages on the website based on how the design supports the message.
3. **Navigation Guru** — As a group, help the Navigation Guru identify any navigation issues. Then, the Navigation Guru makes recommendations on how to redesign the site to fix the issues.
4. **Query Conquistador** — As a group, help the Query Conquistador brainstorm possible questions related to the message. Then, the Query Conquistador searches the website to find answers to the questions.

Write the website address here: _____.

Analyze the website by answering the questions in the chart below. Complete the chart TOGETHER, but each person should make notes on scratch paper.

GROUP TASKS			
1. Identify the message.			
2. Describe the design. Start with descriptive words like colors and shapes.			
3. List navigation problems.			
4. Brainstorm questions.			

Take the notes from the chart on the previous page and apply them to your role independently. Then, independently analyze the website based on your role. Together, compile them below.

FINDINGS/RECOMMENDATIONS	
Message Manager	
Design Dictator	
Navigation Guru	
Query Conquistador	

<p style="text-align: center;">SUMMARY OF GROUP ANALYSIS: (AT LEAST ONE ACTION POINT WRITTEN IN A COMPLETE SENTENCE)</p>

Turn in one sheet per group to your teacher.

The Future of Social Media Vocabulary Worksheet

Find the following words in the article. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Compare your definitions with a dictionary and correct any as needed.

Then, take each word and create a box like the one below.

1. savvy
2. palate
3. zeal
4. promote
5. cost-effective
6. newsworthy
7. deactivate
8. social networking
9. social media
10. consultant

DEFINITION	CHARACTERISTICS
EXAMPLES	NON-EXAMPLES

Visualizing	The reader is making a picture or image (movie in his or her mind) as he or she reads. That is why the book is often seen as better than the movie because our imaginations are unlimited and we can make great productions in our mind.
Looking for what's important	The reader prioritizes what's important. Underline these things.
Calling on prior experiences	The reader connects what he or she is reading with personal experiences. "I remember when I went to the beach." "I know what it means to taste the salt on my lips and feel the sea breeze."
Predicting	The reader predicts what will happen next in the story. "I bet that character is evil because the dog doesn't like him."
Questioning	The reader asks questions about what he or she is reading. "I wonder what this word means." "I wonder why that character did this."
Synthesizing	The reader puts ideas together as he or she reads. "Ah ha! Now I get it."

Name: _____

The Future of Social Media

Reading Comprehension Quiz (KEY)

1. What is Generation Z?
A. A consulting group.
B. A boy band.
C. The newest generation of young people, including you!
2. Who was asked to host a show on the Food Network?
A. Jeremy Salamon.
B. Aarin Jones.
C. Steve Jobs.
3. Which of the following is **NOT** mentioned in the article as a social media *don't*?
A. Don't lie, cheat or plagiarize.
B. Don't post photos of yourself having fun.
C. Don't post when you're emotional.
4. Which of the following is an example of a cost-effective marketing tool?
A. Blogs.
B. Hiring a team to do the marketing for your company.
C. None of the above.
5. According to the Dartmouth Center for Marketing Research,
A. 10% of Fortune 500 companies have a Facebook page.
B. 99% of Fortune 500 companies have corporate blogs.
C. 28% of Fortune 500 companies have corporate blogs.
6. Who was awarded a Motorists Insurance scholarship award?
A. Jeremy Salamon.
B. Aarin Jones.
C. Steve Jobs.
7. What does a social media strategist do?
A. Stay on top of changing trends and new technology.
B. Create unprofessional profiles.
C. Oversee customer relationships.
8. What does an online community manager do?
A. Stay on top of changing trends and new technology.
B. Create unprofessional profiles.
C. Oversee customer relationships.
9. What is the median wage for people who work as writers?
A. \$83,000.
B. \$55,000.
C. \$10,000 per month.
10. What is the difference between social **MEDIA** and social **NETWORKING**?
A. Networking involves building relationships online.
B. Media relates to sharing information.
C. All of the above.

Name: _____

The Future of Social Media Reading Comprehension Quiz

1. What is Generation Z?
 - A. A consulting group.
 - B. A boy band.
 - C. The newest generation of young people, including you!
2. Who was asked to host a show on the Food Network?
 - A. Jeremy Salamon.
 - B. Aarin Jones.
 - C. Steve Jobs.
3. Which of the following is **NOT** mentioned in the article as a social media *don't*?
 - A. Don't lie, cheat or plagiarize.
 - B. Don't post photos of yourself having fun.
 - C. Don't post when you're emotional.
4. Which of the following is an example of a cost-effective marketing tool?
 - A. Blogs.
 - B. Hiring a team to do the marketing for your company.
 - C. None of the above.
5. According to the Dartmouth Center for Marketing Research,
 - A. 10% of Fortune 500 companies have a Facebook page.
 - B. 99% of Fortune 500 companies have corporate blogs.
 - C. 28% of Fortune 500 companies have corporate blogs.
6. Who was awarded a Motorists Insurance scholarship award?
 - A. Jeremy Salamon.
 - B. Aarin Jones.
 - C. Steve Jobs.
7. What does a social media strategist do?
 - A. Stay on top of changing trends and new technology.
 - B. Create unprofessional profiles.
 - C. Oversee customer relationships.
8. What does an online community manager do?
 - A. Stay on top of changing trends and new technology.
 - B. Create unprofessional profiles.
 - C. Oversee customer relationships.
9. What is the median wage for people who work as writers?
 - A. \$83,000.
 - B. \$55,000.
 - C. \$10,000 per month.
10. What is the difference between social **MEDIA** and social **NETWORKING**?
 - A. Networking involves building relationships online.
 - B. Media relates to sharing information.
 - C. All of the above.

II. Health-Care Kaleidoscope of Possibilities

Pages 4-5

CLASS ACTIVITY: First aid for the homeless

- Put together first aid/hygiene kits for the homeless. Ask a local homeless shelter if you can distribute them. Take a field trip.
- Brainstorm together as a class, but here are some ideas. The kits could include:
 - A small, lightweight box or bag (like a pencil box) that can easily be carried to contain the kit.
 - Bandages.
 - Small packs of antibiotic ointment.
 - Small bottle of hand sanitizer.
 - Small packs of Kleenex, Tylenol.
 - A note from the class or individuals.
- Spend a class period putting together the kits.
- Then, arrange a field trip to the shelter.
- Discuss what students have learned about why it is good to help people.

Going Beyond: Consider inviting a representative from the shelter (or a nurse) to talk to the class about the needs at the shelter and then, decide as a class what to do to help the homeless in your city.

Subjects: Health, Social Studies, Character Education, Any

Materials: Supplies for first aid kits. Ask students to bring in materials or raise money for materials.

Skills: Making decisions, Solving problems, Sharing, Sequencing.

Suggested length of lesson: A week for students to bring in supplies, one class period to put the kits together. Then, one class period for the field trip. A partial class period to discuss students' experiences.

INDIVIDUAL ACTIVITY: Alternative medicine

- Brainstorm alternatives to traditional medicine, like acupuncture and chiropractic therapy. Have students research these alternatives. Consider:
 - How effective are these other therapies?
 - What types of conditions/diseases do they treat?
 - What options are available in your area?
 - How do the costs compare to traditional medicine?
 - How can religion affect people's decisions to use alternative treatments?
- Have students complete the chart on the next page.

Subjects: Science, Health, Social Studies

Skills: Compare & contrast, Classifying, Research

Name: _____

Alternative Medicine

Compare/Contrast Chart

In the first chart, list examples of each type of medicine. Think jobs, procedures, etc. In the second chart, list **similarities** in the Compare column and **differences** in the Contrast column. The first one is started for you.

TRADITIONAL MEDICINE EXAMPLES	ALTERNATIVE MEDICINE EXAMPLES
1. Pediatrician	1. Chiropractor

COMPARE	CONTRAST
1. Both help people.	1. Not as much research.

COOPERATIVE GROUP ACTIVITY: Make a video

- As a group, make a video or audio recording explaining the steps to caring for your teeth.
- Students can do research to discover the best practices for teeth hygiene. They can do this research on the Internet or by contacting their dental hygienist/dental office.
 - Why is it important to care for our teeth?
 - What are the most important strategies?
 - What happens if we don't care for our teeth?
 - What are the steps? Show them.

Going Beyond: Give students the opportunity to pick another topic to explain in an audio or video recording.

Subjects: Science, Health, Video production

Skills: Originality, Visualizing, Inventing, Solving problems

Materials: Video/audio recording equipment

Suggested length of lesson: One week.

RUBRIC	POINTS EARNED	POINTS POSSIBLE
Each student is involved in a part of the project.		15
Creativity & Presentation (Make it fun!)		20
Explanation/Exposition (MUST clearly show steps)		15
TOTAL POINTS		50

Health-Care Kaleidoscope of Possibilities

Vocabulary Worksheet (KEY)

Find the following words in the article. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Compare your definitions with a dictionary and correct any as needed.

Then, take each word and match it with the definition on the right. Draw a line connecting the word with the definition.

1. dyspepsia	A sickness that causes problems with processing food.
2. profitable	Beneficial or useful or making money.
3. kaleidoscope	An instrument or toy that is continually changing the way it looks.
4. nonprofit	An organization that does not make money and usually focuses on a cause.
5. compassion	Understanding and caring about someone else's feelings.
6. pharmaceutical	Related to the art of preparing and selling medicine.
7. organism	Any form of animal or plant life.
8. chiropractor	A therapist who adjusts someone's spine.
9. manipulation	The act of influencing someone or something to cause a certain response.
10. musculoskeletal	Related to the muscles and the bones.

Health-Care Kaleidoscope of Possibilities Vocabulary Worksheet

Find the following words in the article. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Compare your definitions with a dictionary and correct any as needed.

Then, take each word and match it with the definition on the right. Draw a line connecting the word with the definition.

1. dyspepsia	Understanding and caring about someone else's feelings.
2. profitable	An organization that does not make money and usually focuses on a cause.
3. kaleidoscope	Related to the muscles and the bones.
4. nonprofit	A sickness that causes problems with processing food.
5. compassion	Any form of animal or plant life.
6. pharmaceutical	An instrument or toy that is continually changing the way it looks.
7. organism	A therapist who adjusts someone's spine.
8. chiropractor	Beneficial or useful or making money.
9. manipulation	The act of influencing someone or something to cause a certain response.
10. musculoskeletal	Related to the art of preparing and selling medicine.

Name: _____

Health-Care Kaleidoscope of Possibilities

Reading Comprehension Quiz (KEY)

1. What did John Bennett tell his patients would cure diarrhea?
 - A. barbeque sauce.
 - B. ketchup.**
 - C. mustard.
2. How is health care like a kaleidoscope?
 - A. It is ever changing and endlessly becoming something new and exciting.**
 - B. It has sharp edges.
 - C. It has pretty colors.
3. What is the purpose of Little St. Nick Foundation?
 - A. To train family practice physicians.
 - B. To support the U.S. Chamber of Commerce.
 - C. To provide holiday gift bags to kids who would otherwise have a sad Christmas.**
4. How is health care a business?
 - A. Medical and health services managers plan, direct and supervise the day-to-day operations of clinics, hospitals and health care facilities.**
 - B. Healthcare is more than just medicine, bandages and high tech equipment. It's about compassion.
 - C. Speech classes are more important than biology.
5. What does a pharmacy technician do?
 - A. Use spinal manipulation to treat health problems related to the Musculoskeletal system.
 - B. Help people with communication disabilities speak.
 - C. Fill prescriptions by counting tablets, mixing medications and answering basic customer questions.**
6. According to the U.S. Department of Labor, what percentage of new jobs will be in the field of health care by 2020?
 - A. 28 %.**
 - B. 80 %.
 - C. 33 %.
7. What does a speech language pathologist do?
 - A. Use spinal manipulation to treat health problems related to the Musculoskeletal system.
 - B. Help people with communication disabilities speak.**
 - C. Fill prescriptions by counting tablets, mixing medications and answering basic customer questions.
8. What is the average salary for pharmaceutical scientists?
 - A. \$65,000.
 - B. \$85,000.**
 - C. \$105,000.

9. What does an environmental health advocate do?
 - A. Identify and study potential threats to our well-being.
 - B. Help establish guidelines to make everyone safer and healthier.
 - C. All of the above.
10. If science isn't your favorite subject, which health care related jobs should you check out?
 - A. Pharmaceutical Scientist
 - B. Medical Manager
 - C. Doctor

Name: _____

Health-Care Kaleidoscope of Possibilities Reading Comprehension Quiz

1. What did John Bennett tell his patients would cure diarrhea?
 - A. barbeque sauce.
 - B. ketchup.
 - C. mustard.
2. How is health care like a kaleidoscope?
 - A. It is ever changing and endlessly becoming something new and exciting.
 - B. It has sharp edges.
 - C. It has pretty colors.
3. What is the purpose of Little St. Nick Foundation?
 - A. To train family practice physicians.
 - B. To support the U.S. Chamber of Commerce.
 - C. To provide holiday gift bags to kids who would otherwise have a sad Christmas.
4. How is health care a business?
 - A. Medical and health services managers plan, direct and supervise the day-to-day operations of clinics, hospitals and health care facilities.
 - B. Healthcare is more than just medicine, bandages and high tech equipment. It's about compassion.
 - C. Speech classes are more important than biology.
5. What does a pharmacy technician do?
 - A. Use spinal manipulation to treat health problems related to the Musculoskeletal system.
 - B. Help people with communication disabilities speak.
 - C. Fill prescriptions by counting tablets, mixing medications and answering basic customer questions.
6. According to the U.S. Department of Labor, what percentage of new jobs will be in the field of health care by 2020?
 - A. 28 %.
 - B. 80 %.
 - C. 33 %.
7. What does a speech language pathologist do?
 - A. Use spinal manipulation to treat health problems related to the Musculoskeletal system.
 - B. Help people with communication disabilities speak.
 - C. Fill prescriptions by counting tablets, mixing medications and answering basic customer questions.
8. What is the average salary for pharmaceutical scientists?
 - A. \$65,000.
 - B. \$85,000.
 - C. \$105,000.

9. What does an environmental health advocate do?
 - A. Identify and study potential threats to our well-being
 - B. Help establish guidelines to make everyone safer and healthier.
 - C. All of the above
10. If science isn't your favorite subject, which health care related jobs should you check out?
 - A. Pharmaceutical Scientist
 - B. Medical Manager
 - C. Doctor

COOPERATIVE GROUP ACTIVITY: Write a song.

- Read the sidebar on “The Cornell System” for studying.
- Create a song to help you remember the tips.
 - Include a stanza for each tip.
 - Include a chorus.
 - Write a melody or match it with the melody from a popular song.

Subjects: Study Skills, Music, Any

Skills: Originality, Inventing

Suggested length of lesson: one to two class periods.

INDIVIDUAL ACTIVITY: Interview a student.

- From a list of previous students provided by you, students will choose a student to interview and ask about good study habits.
- Questions can include these and others:
 - How have you succeeded in school?
 - What are your study habits?
 - Describe a typical week.
 - Who are your mentors?
 - What has been your greatest achievement?
 - What has been your favorite assignment?
- Complete the cause/effect chart on the next page.
- Summarize the older student’s answers in a paragraph.

Subjects: Study Skills, Any.

Skills: Interviewing, summarizing, determining cause and effect.

Suggested length of lesson: One class period.

Name: _____

A Proven Study Plan
Interview a student
Cause/Effect Chart

Take examples from your interview and fill in the chart. What are the actions (CAUSES) that caused the successful results (EFFECT)? The first one has been completed as a sample.

CAUSE	EFFECT
1. Student goes to bed early.	1. Student wakes up refreshed and focused for the next day.

Name: _____

A Proven Study Plan
Worksheet: Character

1. Look at the following character qualities. **CIRCLE** the ones you think would **NOT** make a good leader. Then, explain your answer.

A. RESPONSIBILITY:

B. EASILY ANGERED:

C. INTEGRITY:

D. FOCUSED ON SELF:

E. FRIENDLINESS:

F. HARD WORKING:

G. LAZY:

H. THOUGHTFUL OF OTHERS:

I. PLANNER:

J. WEALTHY:

2. Think of a leader in your life. Which of these qualities describe him/her?

3. How has he/she helped you?

4. Have you ever been a leader to anyone? Or has anyone ever followed you in something you were doing — good or bad? Give an example.

5. Write a paragraph on leadership. You may write about a leader in your life or about the qualities you believe make a good leader.

A Proven Study Plan

Vocabulary Worksheet (KEY)

Find the following words in the article. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Compare your definitions with a dictionary and correct any as needed.

Then, take each word and match it with an **ANTONYM**. Draw a line to connect the two words that have **opposite** meanings.

1. prestigious	average (common OK.)
2. exclusive	common (average OK.)
3. condense	increase
4. impulsive	patient
5. hyperactive	calm

After you've matched the words, draw pictures to represent the vocabulary words in the space below and on the back.

A Proven Study Plan Vocabulary Worksheet

Find the following words in the article. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Compare your definitions with a dictionary and correct any as needed.

Then, take each word and match it with an **ANTONYM**. Draw a line to connect the two words that have **opposite** meanings.

1. prestigious	common
2. exclusive	calm
3. condense	increase
4. impulsive	average
5. hyperactive	patient

After you've matched the words, draw pictures to represent the vocabulary words in the space below and on the back.

Name: _____

A Proven Study Plan

Reading Comprehension Quiz (KEY)

1. The Cornell System is:
 - A. A brief summary.
 - B. Suggestions for becoming hyperactive.
 - C. **A time-tested study plan.**
2. The BEST way to make sure you get all your work done on a timely basis is:
 - A. To drink lots of caffeine.
 - B. **To create a to-do list and keep it in your planner.**
 - C. To get lots of sleep.
3. Which of these things will NOT help you succeed in class?
 - A. **Skipping homework that you don't want to do.**
 - B. Reflecting on the content from class.
 - C. Taking notes.
4. What is one reason notes are important?
 - A. To gather new information in one place.
 - B. To prepare for tests.
 - C. **All of the above.**
5. What is something you can do in the morning before you even get to school that will help you be prepared?
 - A. **Allow 10-15 minutes to think about and plan your day.**
 - B. Eat dinner.
 - C. Finish your homework at the last minute.

Name: _____

**A Proven Study Plan
Reading Comprehension Quiz**

1. The Cornell System is:
 - A. A brief summary.
 - B. Suggestions for becoming hyperactive.
 - C. A time-tested study plan.
2. The BEST way to make sure you get all your work done on a timely basis is:
 - A. To drink lots of caffeine.
 - B. To create a to-do list and keep it in your planner.
 - C. To get lots of sleep.
3. Which of these things will NOT help you succeed in class?
 - A. Skipping homework that you don't want to do.
 - B. Reflecting on the content from class.
 - C. Taking notes.
4. What is one reason notes are important?
 - A. To gather new information in one place.
 - B. To prepare for tests.
 - C. All of the above.
5. What is something you can do in the morning before you even get to school that will help you be prepared?
 - A. Allow 10-15 minutes to think about and plan your day.
 - B. Eat dinner.
 - C. Finish your homework at the last minute.

IV. RGIII

Pages 7-10

INDIVIDUAL ACTIVITY: Make a timeline

- Read the article about RGIII.
- Create a timeline of his life. Be creative. Consider important events like his awards, but also things like “graduated from high school.”
- Compare his life to events in your life on the timeline.

Going Beyond: Create a timeline for your favorite sport.

Subjects: History, Language arts, Physical education, Health

Materials: large paper, like butcher paper or poster paper.

Skills: Identifying patterns, Classifying

Suggested length of lesson: one to two class periods

RUBRIC	POINTS RECEIVED	POINTS POSSIBLE
Creativity		20
At least FIVE events		20
Accuracy		10
Additional research (optional)		BONUS
TOTAL		50 +

INDIVIDUAL ACTIVITY: Write an opinion paper

- Write an opinion paper about how your beliefs can affect your actions.
- For example, if you truly believed the quote (“Be the change you want to see in the world.”) mentioned in the sidebar — if you truly believed you could change the world with your life, what would that look like?

Subjects: Language Arts, Study Skills, Health, Any

Skills: Predicting, Setting goals, Drawing conclusions

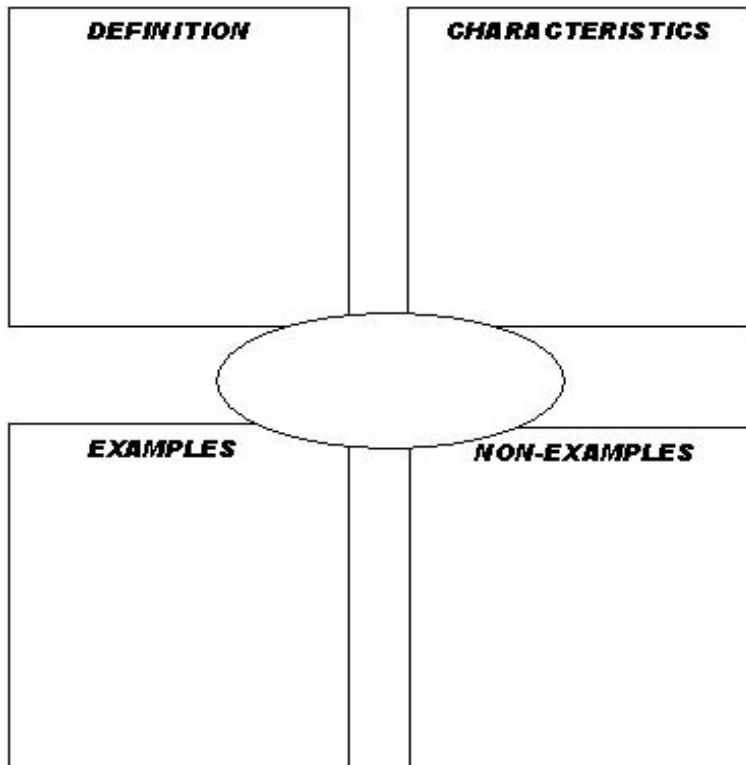
Suggested length of lesson: One class period

RGIII
Vocabulary Worksheet

Find the following words in the article. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Compare your definitions with a dictionary and correct any as needed.

Then, take each word and create a box like the one below.

1. headline
2. soar
3. immortal
4. pedestal
5. sergeant
6. hurdler
7. renowned
8. diminish
9. eligibility
10. inspire



Name: _____

RGIII

Reading Comprehension Quiz (KEY)

1. This article is about
 - A. Michael Jordan.
 - B. Tiger Woods.
 - C. **Robert Griffin, III.**
2. Which award has RGIII NOT received?
 - A. Heisman trophy
 - B. **Academy award for best original screenplay**
 - C. Rookie of the year
3. RGIII was born in
 - A. **Okinawa, Japan.**
 - B. Bangalore, India.
 - C. Waco, Texas.
4. RGIII's best sports are
 - A. swimming, diving and water polo.
 - B. **football, basketball and track.**
 - C. baseball, field hockey and lacrosse.
5. RGIII's middle school principal predicted WHAT of him?
 - A. **That he'd become president of the United States one day.**
 - B. That he'd have four children.
 - C. That he'd play football internationally.
6. Jack Welch coached RGIII at
 - A. Baylor University.
 - B. The Redskins.
 - C. **Copperas Cove High School.**
7. The older Robert Griffin, Sr., is
 - A. RGIII's grandfather.
 - B. A construction foreman who frequently bought groceries for needy families.
 - C. **All of the above.**
8. Robert Griffin, Jr., and Jacqueline Griffin are
 - A. **army sergeants.**
 - B. high school teachers.
 - C. coaches.
9. According to Zoe Alaniz, why is it important to inspire others?
 - A. To show off.
 - B. **To change the world**
 - C. Because diving is cool!
10. Samuel Praker has set records in which of the following sports?
 - A. cross country and track & field.
 - B. swimming and diving.
 - C. **All of the above.**

Name: _____

RGIII

Reading Comprehension Quiz

1. This article is about
 - A. Michael Jordan.
 - B. Tiger Woods.
 - C. Robert Griffin, III.
2. Which award has RGIII NOT received?
 - A. Heisman trophy
 - B. Academy award for best original screenplay
 - C. Rookie of the year
3. RGIII was born in
 - A. Okinawa, Japan.
 - B. Bangalore, India.
 - C. Waco, Texas.
4. RGIII's best sports are
 - A. swimming, diving and water polo.
 - B. football, basketball and track.
 - C. baseball, field hockey and lacrosse.
5. RGIII's middle school principal predicted WHAT of him?
 - A. That he'd become president of the United States one day.
 - B. That he'd have four children.
 - C. That he'd play football internationally.
6. Jack Welch coached RGIII at
 - A. Baylor University.
 - B. The Redskins.
 - C. Copperas Cove High School.
7. The older Robert Griffin, Sr., is
 - A. RGIII's grandfather.
 - B. A construction foreman who frequently bought groceries for needy families.
 - C. All of the above.
8. Robert Griffin, Jr., and Jacqueline Griffin are
 - A. army sergeants.
 - B. high school teachers.
 - C. coaches.
9. According to Zoe Alaniz, why is it important to inspire others?
 - A. To show off.
 - B. To change the world
 - C. Because diving is cool!
10. Samuel Praker has set records in which of the following sports?
 - A. cross country and track & field.
 - B. swimming and diving.
 - C. All of the above.

GROUP ACTIVITY: Career Fair

- Brainstorm questions about careers.
- Divide students into groups based on their career interests. These groups will create questions specifically related to their career area.
- Brainstorm types of professionals that you think could answer these questions.
- Have students write letters to local companies asking them to send a representative for a Career Day. They can use the list of questions to help them brainstorm their letters.
- As you hear from professionals who are willing to make presentations, assign two to three students to each professional. These students should be responsible for communicating with and orienting the professional to the school, as well as gathering and setting up materials the professional may need.
- Ask professionals to bring a display board and be prepared to give presentations to small groups. Have students walk around the fair asking their questions from the first step.
- Following the fair, have a discussion where students share the answers they have received to their questions from step one.
- Debrief on the experience of putting together the fair.
 - What went well?
 - What could be improved?
 - Was there anything they could have done differently to make the fair run more smoothly or more organized?

Going Beyond: Get the whole school involved and host the fair in the gym. Or do a smaller version and have one professional come to your class each month throughout the school year.

Subjects: Any/All

Skills: Inventing, Making decisions, Brainstorming, Relationship building

Suggested length of lesson: One week.

Jobs for the 21st Century Project Worksheet

Complete the quiz on page 11 in the magazine and read the article on the following pages. Then, choose the activity that most interests you based on your strengths.

1. Create a map. It can be a map of your school or classroom or community. Draw it or design it on the computer with as much detail as possible.
2. Create a healthy menu for a week, based on 1500 calories per day. Also include a physical training program.
3. Redesign your classroom. Think about walkways, seating arrangements, teacher desk, cabinets & supplies, etc.
4. Create a model of a cabinet.
5. Plan an event. Don't forget about refreshments, decorations, invitations and follow-up.
6. Make a video. Think about images to include, people to interview. Edit the final version down to three minutes.
7. Shadow an electrician or a veterinarian or another professional. Write a short report about your experience.
8. Another activity of your own design, approved by your teacher.

Jobs for the 21st Century
Vocabulary Worksheet (KEY)

The following vocabulary words are occupations. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Then, find them in the article. Compare your definitions and correct any as needed.

1. Court reporter
2. Geoscientist
3. Insurance sales agent
4. Cardiovascular technologist
5. Commercial pilot
6. Cartographer
7. Hydrologist
8. Actuary
9. Geographer
10. Cabinetmaker
11. Dietitian
12. Medical sonographer
13. Cost estimator
14. Orthodontist
15. Child & family social worker
16. Interpreter
17. Fundraising director
18. Surveyor

Then, match the **jobs** with their **personalities** on the left. Write the vocabulary word to the right of the category it fits.

REALISTIC	Court reporter	Medical sonographer	Cartographer
INVESTIGATIVE	Cost estimator	Dietitian	Geoscientist
ARTISTIC	Orthodontist	Cabinetmaker	Surveyor
SOCIAL	Child & family social worker	Geographer	Insurance sales agent
ENTERPRISING	Fundraising director	Hydrologist	Commercial pilot
CONVENTIONAL	Interpreter	Actuary	Cardiovascular technologist

Jobs for the 21st Century Vocabulary Worksheet

The following vocabulary words are occupations. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Then, find them in the article. Compare your definitions and correct any as needed.

1. Court reporter
2. Geoscientist
3. Insurance sales agent
4. Cardiovascular technologist
5. Commercial pilot
6. Cartographer
7. Hydrologist
8. Actuary
9. Geographer
10. Cabinetmaker
11. Dietitian
12. Medical sonographer
13. Cost estimator
14. Orthodontist
15. Child & family social worker
16. Interpreter
17. Fundraising director
18. Surveyor

Then, match the **jobs** with their **personalities** on the left. Write the vocabulary word to the right of the category it fits.

REALISTIC			
INVESTIGATIVE			
ARTISTIC			
SOCIAL			
ENTERPRISING			
CONVENTIONAL			

Name: _____

Jobs for the 21st Century

Reading Comprehension Quiz (KEY)

- Choose the statement that describes someone with an artistic personality.
 - "Friends would say I'm good at forming my own opinions without feeling peer pressure."
 - "I've always been good at organizing and keeping things in order."
 - "Generally, I'm very prepared for situations since I'm good at planning."
- Choose the list that describes someone with an investigative personality.
 - "Friends would say I'm very straight forward when I deal with others."
 - "Generally, I'm hesitant to give advice or tell others what they should or shouldn't do."
 - "I've always been good at classes that demonstrate my creativity like music and art."
- Which one is NOT one of the SIX main personalities?
 - Enterprising.
 - Conventional.
 - Dominant.**
- If you're interested in a career in Arts & Communication, you should research which career?
 - Set Designer.**
 - Orthodontist.
 - Civil Engineer.
- If you're interested in a career in Business, Management & Technology, which career should you AVOID?
 - Marketing Director
 - Cost Estimator
 - Elementary Art Teacher**
- If you're interested in a career in Health Services, you should research which career?
 - Surgeon.**
 - Geoscientist.
 - Cabinetmaker.
- If you're interested in a career in Human Services, which career should you AVOID?
 - Paramedics.
 - Actuary.**
 - School Psychologist.
- If you're interested in a career in Industrial, Engineering & Technology, you should research which career?
 - Biomedical Engineer.**
 - Child & Family Social Worker.
 - Fundraising Director.
- If you're interested in a career in Natural Resources & Agriculture, which career should you AVOID?

- A. Hydrologist.
 - B. Veterinarian.
 - C. Interpreter.
10. What does a set designer do?
- A. Helps businesses and individuals make wise money decisions.
 - B. Creates backdrops and provides props for movie, television and theater productions.
 - C. Installs and maintains electrical systems in homes and public facilities.

Name: _____

Jobs for the 21st Century Reading Comprehension Quiz

1. Choose the statement that describes someone with an artistic personality.
 - A. "Friends would say I'm good at forming my own opinions without feeling peer pressure."
 - B. "I've always been good at organizing and keeping things in order."
 - C. "Generally, I'm very prepared for situations since I'm good at planning."
2. Choose the list that describes someone with an investigative personality.
 - A. "Friends would say I'm very straight forward when I deal with others."
 - B. "Generally, I'm hesitant to give advice or tell others what they should or shouldn't do."
 - C. "I've always been good at classes that demonstrate my creativity like music and art."
3. Which one is NOT one of the SIX main personalities?
 - A. Enterprising.
 - B. Conventional.
 - C. Dominant.
4. If you're interested in a career in Arts & Communication, you should research which career?
 - A. Set Designer.
 - B. Orthodontist.
 - C. Civil Engineer.
5. If you're interested in a career in Business, Management & Technology, which career should you AVOID?
 - A. Marketing Director
 - B. Cost Estimator
 - C. Elementary Art Teacher
6. If you're interested in a career in Health Services, you should research which career?
 - A. Surgeon.
 - B. Geoscientist.
 - C. Cabinetmaker.
7. If you're interested in a career in Human Services, which career should you AVOID?
 - A. Paramedics.
 - B. Actuary.
 - C. School Psychologist.
8. If you're interested in a career in Industrial, Engineering & Technology, you should research which career?
 - A. Biomedical Engineer.
 - B. Child & Family Social Worker.
 - C. Fundraising Director.
9. If you're interested in a career in Natural Resources & Agriculture, which career should you AVOID?

- A. Hydrologist.
 - B. Veterinarian.
 - C. Interpreter.
10. What does a set designer do?
- A. Helps businesses and individuals make wise money decisions.
 - B. Creates backdrops and provides props for movie, television and theater productions.
 - C. Installs and maintains electrical systems in homes and public facilities.

Top 10 Ways to Begin your Successful Future Vocabulary Worksheet

Find the following words in the article. First, guess what the words mean based on the context or any prior knowledge. Write these definitions on your paper. Compare your definitions with a dictionary and correct any as needed.

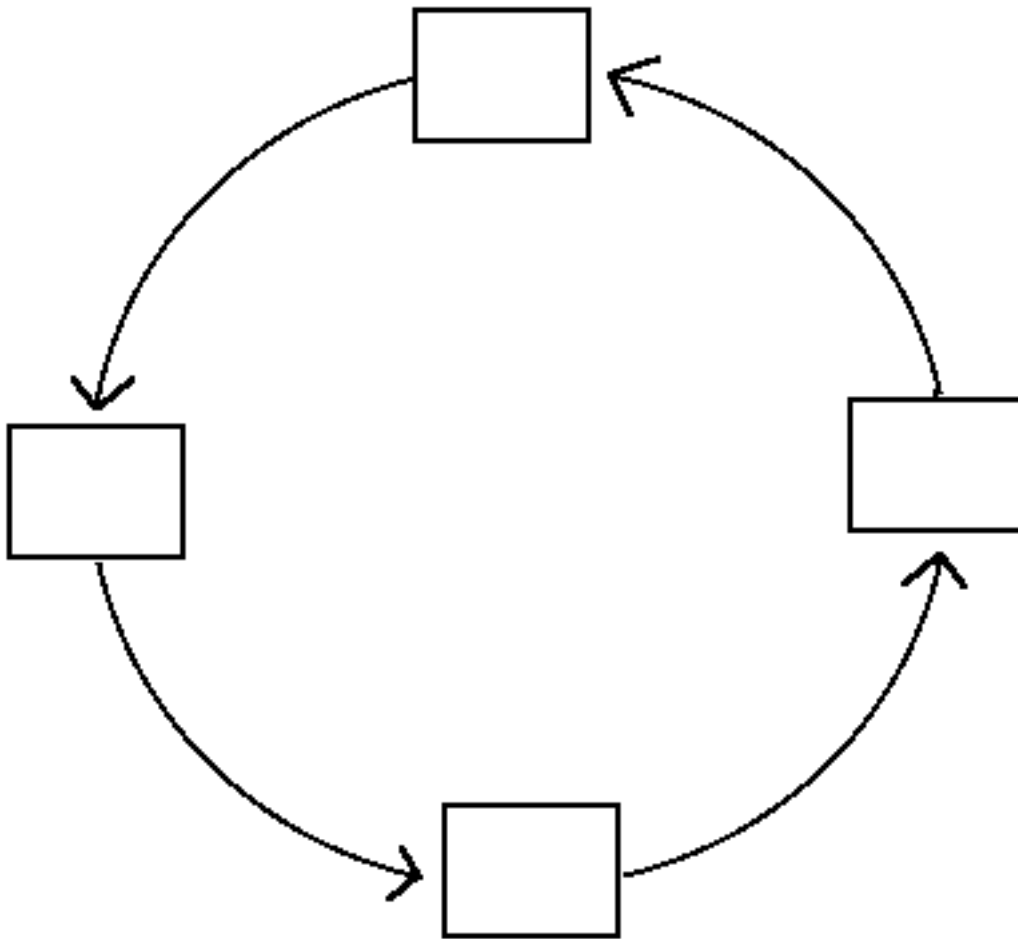
Then, take each word and create a box like the one below.

1. earnings
2. bachelor's degree
3. determined
4. doctorate
5. ally

DEFINITION	CHARACTERISTICS
EXAMPLES	NON-EXAMPLES

Top 10 Ways to Begin your Successful Future Flow Chart Worksheet

Using all of the resources available to you, make a flow chart that explains the tasks required to finish middle school and high school and get into college. Don't forget your parents, teacher and school counselor! Use the one below to help you get started.



Name: _____

Top 10 Ways to Begin your Successful Future Worksheet/Quiz (KEY)

Using the word bank below, fill in the blanks with the correct word. Write on your own paper.

1. Read all you can about **CAREERS** and **COLLEGES** you like. You'll find lots of books available in your school or community **LIBRARY**.
2. Take classes or join clubs in those areas that **INTEREST** you. If your interest is music, join the choir or band. If you want to be a **COACH**, get into sports. You'll have many more choices in high school—clubs in business, speech, math, **THEATER**, science, art and others.
3. Decide now to get a high school **DIPLOMA**.
4. Talk to your school **COUNSELOR**, favorite teacher or principal. Ask them what **COURSES** you should take to get ready for a career that you like.
5. Decide now to **STAY** in school!
6. Clip **ARTICLES** and blogs on how to succeed in school and **REVIEW** them from time to time.
7. Talk to your **MOM & DAD** a lot about school and about yourself. Tell them what you like to study, what careers seem to interest. Then, **LISTEN** to their advice. (They were young once, too!)
8. Don't forget that your teachers and counselors are great **ALLIES**! Ask them what you need to do now to prepare for college.
9. Decide **NOW** to attend college. (You'll figure out **HOW** later!)
10. Make sure your parents attend **PARENT'S VISITATION NIGHT** at your school. Help them stay informed about your **PROGRESS** and your interests, so they can ask the right questions about **FINANCIAL AID**, scholarships and colleges while you're still in school.

WORD BANK

Diploma	Now	Courses	Colleges	Stay
Theater	Parent's Visitation Night	Progress	Articles	Listen
Review	Coach	Allies	Library	Mom & Dad
Counselor	Financial aid	Careers	How	Interest

Check your answers with page 16. Choose one tip to start today. Share it with the class.

Name: _____

Top 10 Ways to Begin your Successful Future Worksheet/Quiz

Using the word bank below, fill in the blanks with the correct word. Write on your own paper.

1. Read all you can about _____ and _____ you like. You'll find lots of books available in your school or community _____.
2. Take classes or join clubs in those areas that _____ you. If your interest is music, join the choir or band. If you want to be a _____, get into sports. You'll have many more choices in high school—clubs in business, speech, math, _____, science, art and others.
3. Decide now to get a high school _____.
4. Talk to your school _____, favorite teacher or principal. Ask them what _____ you should take to get ready for a career that you like.
5. Decide now to _____ in school!
6. Clip _____ and blogs on how to succeed in school and _____ them from time to time.
7. Talk to your _____ a lot about school and about yourself. Tell them what you like to study, what careers seem to interest. Then, _____ to their advice. (They were young once, too!)
8. Don't forget that your teachers and counselors are great _____! Ask them what you need to do now to prepare for college.
9. Decide _____ to attend college. (You'll figure out _____ later!)
10. Make sure your parents attend _____ at your school. Help them stay informed about your _____ and your interests; so they can ask the right questions about _____, scholarships and colleges while you're still in school.

WORD BANK

Diploma	Now	Courses	Colleges	Stay
Theater	Parent's	Progress	Articles	Listen
	Visitation Night			
Review	Coach	Allies	Library	Mom & Dad
Counselor	Financial aid	Careers	How	Interest

Check your answers with page 16. Choose one tip to start today. Share it with the class.